

INVITATION

INTERNATIONAL SPRINGBOARD DIVING TOURNAMENT OF LUXEMBOURG 7 th /8 th Mai 2016

ORGANISER: Fédération Luxembourgeoise de Natation et de Sauvetage (FLNS) and

Konschtsprang-Veräin Letzebuerg (KVL)

FACILITIES: 2x1m und 1x3m Duraflex-Springboards,

5m,7.5m 10m platform, separate diving pool

LOCATION: Centre National de Natation 2, rue Léon Hengen

L-1745 Luxembourg.

General Rules:

- 1 The competitions are governed by FLNS rules
- 2 Entries should be received by April 8 th 2016
- 3 For data processing reasons, the name, age group and dive numbers of each participant need to be send to the following address by 4 th Mai 2016:

Mailing Address:

Marcel GOERGEN
6, Op der Houscht
L - 5221 SANDWEILER
Luxembourg

Tel: +352 35 53 68

E-Mail: melvin @pt.lu or info @kvl.lu

- 4 The cut-off date for the registration of divers is 4 th Mai 2016
- 5 The final diving lists must be complete and <u>need</u> to be received by the organizer 24 hours before the start of the competition.

Late or partial diving-lists cannot be accepted !!! No amendments to the diving lists will be accepted on the day of the competition!!!

6 - The judging panel will consist of coaches present at the tournament. For organizational reasons, please provide us with the names of your team's judges alongside the entries of your divers.



- 7 -The organizer has the right to change the order of the competitions
- 8 -Every participant can only compete in one age-group per day
- 9 -The entry fee is € 5 for each diver per competition
- 10 -All participants will receive certificates
- 11 -Medals will be awarded for 1st, 2nd and 3rd place of each competition
- 12 -The arena will be open to the public during the tournament but diving pool will accessible to participants only
- 13 -Training: Friday 6 th: 2.00 pm - 6.00 pm

as well as 10 minutes before each competition

14 -In the case of a draw, the diver with the highest degree of 'difficulty' will be declared the winner

Information about accommodation:

Office National du Tourisme (National Tourist Office)

Provides general as well as accommodation information Place de la Gare

L-1616 LUXEMBOURG Tel: 00352 / 481 199

Fax: 00352 / 428 282-38 www.visitluxembourg.lu E-Mail: info@ont.lu

Centre National Sportif & Culturel (National Sports Centre)

Adjacent to the diving arena - Limited accommodation facilities available on demand

2, rue Léon Hengen L-1745 LUXEMBOURG Tél: 00352 / 436 060 - 1

Fax: 00352 / 423 315

www.coque.lu

E-Mail: info@coque.lu

Institut National des Sports (National Sports Training Facility)

4km from diving arena - Limited accommodation facilities available on demand

66. rue de Trèves L-2630 LUXEMBOURG

Tel: 00352 / 2478-3434 Fax: 00352 / 434 599

www.ins.lu

Auberge de Jeunesse (Youth hostel)

3km from diving arena 2, rue du Fort d'Olisy L-2261 Luxembourg

Tél: 00352 / 226 889 – 20 Fax: 00352/223 360

E-Mail: luxembourg@youthhostels.lu



Events and series

SATURDAY, Mai 7th 2016

Start of competition: 12.00 pm Training: 10.00 am

<u>COMPETITION 1</u> <u>Youth E – group; female, born 2007 or later</u>

1 M 4 Dives: Forward/Back Line-Up, Front/Back Jump and dives

with the same number in a other execution are allowed

<u>COMPETITION 2</u> <u>Youth D – group; female, born 2005 / 2006</u>

3 M 4 Dives with a other number

(Dives from the youth tables i.e. 100 or 200 are allowed)

<u>COMPETITION 3</u> <u>Youth E – group; male, born 2007 or later</u>

1 M see competition No 1

<u>COMPETITION 4</u> <u>Youth D – group; male, born 2005 / 2006</u>

3 M see competition No 2

<u>COMPETITION 5</u> <u>Youth female, born 2001 - 2004</u>

1 M 5 Dives from 3 Groups without a limit of degree of difficulty

COMPETITION 6 Youth male, born 2001 - 2004

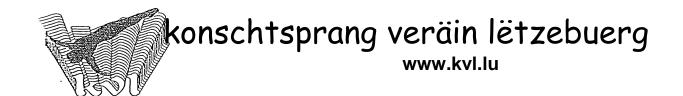
3 M 5 Dives from 3 Groups without a limit of degree of difficulty

COMPETITION 7 Open category, female born 2000 or earlier

1 M 5 Dives from 5 Groups without a limit of degree of difficulty

COMPETITION 8 Open category, male born 2000 or earlier

3 M 6 Dives from 5 Groups without a limit of degree of difficulty



SUNDAY Mai 8th 2016

Start of competition: 9.00 am Training: 8.00 am

<u>COMPETITION 9</u> <u>Youth E – group; female, born 2007 or later</u>

3 M see competition No 1

COMPETITION 10 Youth D – group; female, born 2005 / 2006

1 M see competition No 2

<u>COMPETITION 11</u> <u>Youth E – group; male, born 2007 or later</u>

3 M see competition No 1

COMPETITION 12 Youth D – group; male, born 2005 / 2006

1 M see competition No 2

COMPETITION 13 Youth female, born 2001 - 2004

3 M 5 Dives from 3 Groups without a limit of degree of difficulty

COMPETITION 14 Youth male, born 2001 - 2004

1 M 5 Dives from 3 Groups without a limit of degree of difficulty

COMPETITION 15 Open category, female born 2000 or earlier

3 M 5 Dives from 5 Groups without a limit of degree of difficulty

COMPETITION 16 Open category, male born 2000 or earlier

1 M 6 Dives from 5 Groups without a limit of degree of difficulty

We hope you will have a good trip and good luck!

FLNS KVL